

Dyspareunia: A Neglected Problem

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Introduction: Dyspareunia is one of the most common sexual dysfunction seen by gynecologist. Women with dyspareunia usually discuss the pain with their sexual partner but fewer than half of these women consult physician. The purpose of this study was to evaluate dyspareunia in a pilot study.

Methods and Materials: This study was descriptive and was done in Ahvaz, Iran. In this study 170 women who came to gynecology clinic because of any problem except dyspareunia were evaluated for dyspareunia.

Results: These women were 16 to 80 years old. Dyspareunia were seen in 66 (38.8%) cases. In those who have dyspareunia, 21.8%, 9.4%, 7.6% were early, midvaginal and late respectively. Marriage for less than 10 years was seen in 67% of women with dyspareunia. Contraception technique were OCP, IUD, condom, withdrawal, nothing in 24.6%, 7.7%, 8.8%, 30%, 24% of cases respectively in women with dyspareunia.

Conclusion: Due to our culture, in spite of presence of dyspareunia, it was neglected. Approximately one third of our patients, who do not complain of dyspareunia, already have it.